

OASIS HOMECARE



**EXERCISE CLUB
FRIDAYS @ 10H30
Venue: Clubhouse**



**Resident contribution
@ R20 / session**

**No need to book - you can just come
and attend.**



OASIS HOMECARE

FOOTCARE

and BEAUTY CLUB

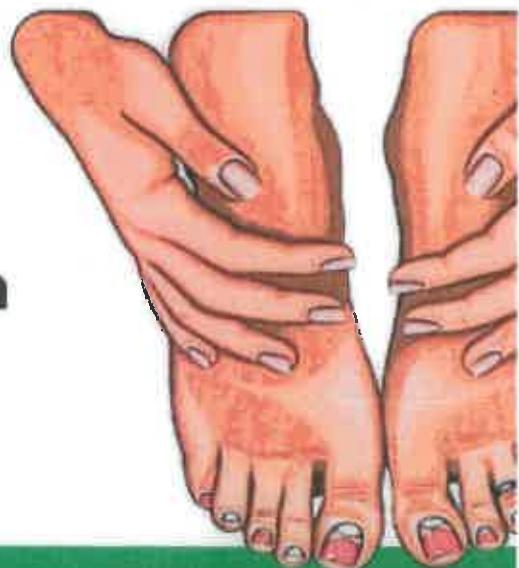
SATURDAYS @ 10H00 - 13H00

Venue: Clubhouse

**Hand and Footcare session
@ R150**



Facial session @ R150



**Home visits for the above can
also be arranged.**

Contact Us to book:



081 377 1500

NURSE

HESTER GELDERBLOM



OASIS NUTRITION



NUTRITION CLUB

TUESDAYS AND THURSDAYS

@ 10H00 - 13H00

Venue: Clinic

Are you experiencing nutritional problems?

Are you suffering from digestive problems??

Are you on chronic medications?

Are you a diabetic ??

Come for a FREE WELLNESS EVALUATION

We will teach you to eat healthier.

**** Home visits for the above can
also be arranged.**

Contact Us to book:



0713705996

Registered Nurse

Leslie August

