

MEAL OF THE DAY

MENU

MARCH

2026

MEAL PRICES

MAIN MEAL	R 80.00
MAIN MEAL HALF	R 58.00
STARTER / DESSERT	R 26.00
SUNDAY 2 COURSE	R 110.00
SUNDAY 3 COURSE	R 136.00
SUNDAY HALF	R102.00



	SALAD OF THE DAY	MAIN COURSE OPTION 1	MAIN COURSE OPTION 2	DESSERT OF THE DAY
SUNDAY 1 MARCH	MUSHROOM SOUP	ROAST PORK LEG SLICES, CHICKEN PIE, GRAVY, RICE, ROAST POTATOES & VEGETABLES OF THE DAY		SAUCY CHOCOLATE PUDDING WITH CUSTARD
MONDAY 2 MARCH	MENGEL SLAAI	CHICKEN CURRY, RICE & VEGETABLES OF THE DAY	SPAGHETTI BOLOGNAISSE WITH VEGETABLES OF THE DAY	STEWED CINNAMON APPLE SLICE WITH CUSTARD
TUESDAY 3 MARCH	PASTA SALAD	BEEF MEATBALLS, PASTA SALAD, GREEN SALAD & CARROT SALAD	TOMATO CHICKEN, RICE & VEGETABLES OF THE DAY	MILK TART
WEDNESDAY 4 MARCH	VEGETABLE SOUP	FISHERMAN'S PIE WITH VEGETABLES OF THE DAY	PORK STEW, RICE & VEGETABLES OF THE DAY	YOGHURT TART
THURSDAY 5 MARCH	POTATO SALAD	GREEN BEAN BEEF STEW, RICE & VEGETABLES OF THE DAY	CHICKEN BOBOTIE, RICE & VEGETABLES OF THE DAY	CHOCOLATE BROWNIE & CUSTARD
FRIDAY 6 MARCH	CHICKEN SOUP	FRIED FISH, TARTARE SAUCE, SAVOURY RICE & SALAD OF THE DAY	BEEF STEW, RICE & SALAD OF THE DAY	SAGO PUDDING WITH CUSTARD
SATURDAY 7 MARCH	MENGEL SLAAI	BEEF SAUSAGE, MASHED POTATOES, GRAVY & VEGETABLES OF THE DAY	BACON & MUSHROOM QUICHE, POTATO WEDGES & VEGETABLES OF THE DAY	JELLY & CUSTARD
SUNDAY 8 MARCH	BUTTERNUT SOUP	BEEF PIE, CHICKEN SCHNITZEL, GRAVY, RICE, ROAST POTATOES & VEGETABLES OF THE DAY		STRAWBERRY FRIDGE TART
MONDAY 9 MARCH	CARROT SALAD	CHICKEN STIR-FRY, SPAGHETTI & VEGETABLES OF THE DAY	TOMATO BREDIE, RICE & VEGETABLES OF THE DAY	MOUSSE
TUESDAY 10 MARCH	GREEN SALAD	HOMEMADE FISH CAKES, SWEET & SOUR SAUCE, POTATO SALAD, GREEN SALAD & BEETROOT SLICES	COTTAGE PIE & VEGETABLES OF THE DAY	APPLE CRUMBLE WITH CREAM

	SALAD OF THE DAY	MAIN COURSE OPTION 1	MAIN COURSE OPTION 2	DESSERT OF THE DAY
WEDNESDAY 11 MARCH	MUSHROOM SOUP	BEEF STROGANOFF, RICE & VEGETABLES OF THE DAY	STUFFED CHICKEN BREAST (spinach & feta), CHEESE SAUCE, BABY POTATOES & VEGETABLES OF THE DAY	MILK TART
THURSDAY 12 MARCH	TOMATO & ONION SALAD	CHICKEN A LA KING, PARSLEY RICE & VEGETABLES OF THE DAY	SWEET & SOUR PORK, EGG FRIED RICE & VEGETABLES OF THE DAY	BANANA FRITTER WITH CREAM
FRIDAY 13 MARCH	CARROT & ORANGE SOUP	BATTERED FISH, TARTARE SAUCE, CHIPS & SALAD OF THE DAY	CHICKEN STRIPS, CHEESE SAUCE, CHIPS & SALAD OF THE DAY	CUSTARD SLICE
SATURDAY 14 MARCH	MENGEL SLAAI	SAVOURY MINCE PANCAKE WITH CHEESE SAUCE & VEGETABLES OF THE DAY	TOMATO CHICKEN, RICE & VEGETABLES OF THE DAY	JELLY WHIP
SUNDAY 15 MARCH	VEGETABLE SOUP	ROAST GAMMON SLICES, CHICKEN PIE, GRAVY, RICE, ROAST POTATOES & VEGETABLES OF THE DAY		APPLE SPONGE CAKE WITH CUSTARD
MONDAY 16 MARCH	CUCUMBER & PINEAPPLE SALAD	CHICKEN STEW, RICE & VEGETABLES OF THE DAY	BEEF MEATLOAF, MASHED POTATOES, GRAVY & VEGETABLES OF THE DAY	ICE CREAM & CHOCOLATE SAUCE
TUESDAY 17 MARCH	POTATO SALAD	CORNISH PIE, GRAVY, RICE & VEGETABLES OF THE DAY	PORK STROGANOFF, RICE & VEGETABLES OF THE DAY	LEMON PUDDING WITH CUSTARD
WEDNESDAY 18 MARCH	TOMATO SOUP	PORK MEATBALLS, MUSHROOM SAUCE, MASHED POTATOES & VEGETABLES OF THE DAY	SWEET & SOUR CHICKEN, SAVOURY RICE & VEGETABLES OF THE DAY	MALVA PUDDING WITH CUSTARD
THURSDAY 19 MARCH	TOMATO & ONION SALAD	BEEF & CABBAGE STEW, RICE & VEGETABLES OF THE DAY	CHICKEN & BROCCOLI BAKE, RICE & VEGETABLES OF THE DAY	STEWED CINNAMON APPLE SLICE WITH CUSTARD
FRIDAY 20 MARCH	POTATO & LEEK SOUP	FRIED FISH, TARTARE SAUCE, SAVOURY RICE & SALAD OF THE DAY	CHICKEN SALAD	VANILLA CAKE WITH CREAM & STRAWBERRY SAUCE
SATURDAY 21 MARCH	MENGEL SLAAI	TOASTED CHICKEN MAYO PITA BREAD, CHIPS & VEGETABLES OF THE DAY	PORK SAUSAGE, MASHED POTATOES, GRAVY & VEGETABLES OF THE DAY	JELLY & CUSTARD
SUNDAY 22 MARCH	PEA & HAM SOUP	ROAST BEEF SLICES, CHICKEN SCHNITZEL, GRAVY, SAVOURY RICE, ROAST POTATOES & VEGETABLES OF THE DAY		GRANADILLA FRIDGE TART

	SALAD OF THE DAY	MAIN COURSE OPTION 1	MAIN COURSE OPTION 2	DESSERT OF THE DAY
MONDAY 23 MARCH	POTATO SALAD	SPAGHETTI BOLOGNAISSE TOPPED WITH CHEESE SERVED WITH VEGETABLES OF THE DAY	SWEET & SOUR PORK, EGG FRIED RICE & VEGETABLES OF THE DAY	SAUCY CHOCOLATE PUDDING WITH CUSTARD
TUESDAY 24 MARCH	MENGEL SLAAI	COLD MEAT PLATTER (ham slices, beef meatball, filled egg & pasta salad)	CALAMARI STRIPS, TARTARE SAUCE, SAVORY RICE & VEGETABLES OF THE DAY	YOGHURT TART
WEDNESDAY 25 MARCH	PEA SOUP	COTTAGE PIE WITH VEGETABLES OF THE DAY	PORK STEW, RICE & VEGETABLES OF THE DAY	APPLE CRUMBLE & CREAM
THURSDAY 26 MARCH	CHICK PEA SALAD	BEEF BOBOTIE, RICE & VEGETABLES OF THE DAY	CHICKEN A LA KING, PARSLEY RICE & VEGETABLES OF THE DAY	BANOFFEE PIE
FRIDAY 27 MARCH	CHICKEN SOUP	FRIED FISH, TARTARE SAUCE, PASTA SALAD, MENGEL SLAAI & CARROT SALAD	VETKOEK, SAVOURY MINCE & SALAD OF THE DAY	BREAD PUDDING WITH CUSTARD
SATURDAY 28 MARCH	MENGEL SLAAI	MINCE & CHEESE PASTA BAKE & VEGETABLES OF THE DAY	CHICKEN BURGER & CHIPS	JELLY WHIP
SUNDAY 29 MARCH	TOMATO SOUP	CRUMBED PORK SCHNITZEL, CHICKEN PIE, GRAVY, RICE, ROAST POTATOES & VEGETABLES OF THE DAY		TRIFLE
MONDAY 30 MARCH	TOMATO & ONION SALAD	BEEF CURRY, RICE & VEGETABLES OF THE DAY	CRUMBED CHICKEN FILLET, CHEESE SAUCE, GARLIC & PARSLEY POTATOES & VEGETABLES OF THE DAY	MOUSSE
TUESDAY 31 MARCH	BEETROOT SALAD	HOMEMADE FISH CAKES, SWEET & SOUR SAUCE, PARSLEY POTATOES & VEGETABLES OF THE DAY	BEEF LASAGNE WITH VEGETABLES OF THE DAY	YOGHURT TART